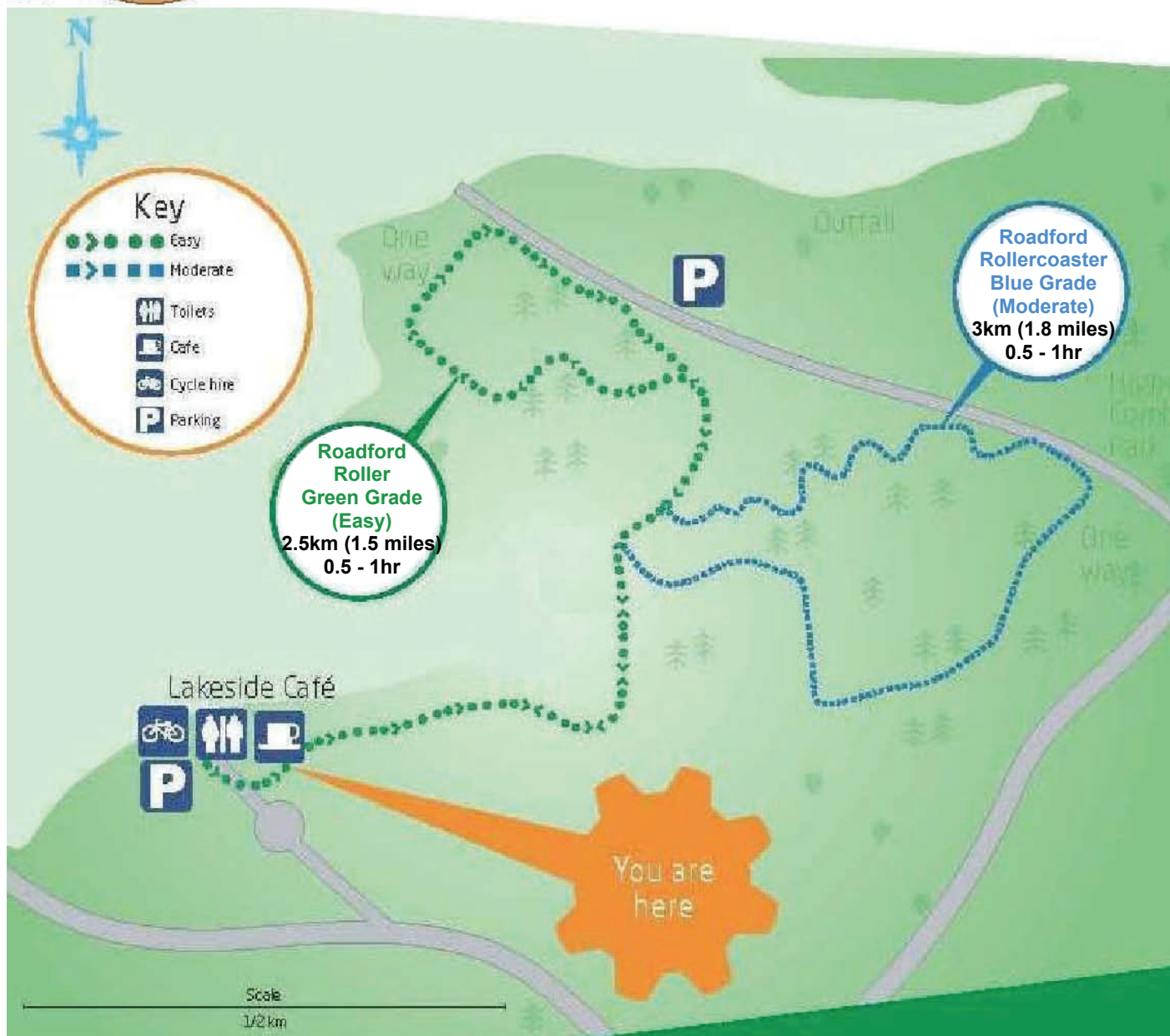




# ROADFORD LAKE



### Roadford Roller Green Grade (Easy) 2.5km (1.5 miles) 0.5 - 1 hr

Start behind the visitor centre and follow the green arrows along the lakeside before heading into the woodland and looping around back home. There are fantastic vistas across the lake, wooded sections and plenty of places to stop and admire the view. One reasonably steep climb and one decent. This trail is multi-user and two-way for most of its length, so you will need to be aware of walkers, pushchairs, dogs and wheelchairs on the path. Please ride considerately

### Roadford Rollercoaster Blue Grade (Moderate) 3km (1.8 miles) 0.5 - 1hr

Start behind the visitor centre and follow the green arrows. Follow the blue arrows to venture deep into the woods for a deeply forested cycling adventure. A narrow trail with tight twists and turns, climbs and descents, and weaving through dense woodland. This is a true taste of adventurous off-road cycling. You can easily loop around to ride this trail as many times as you wish. Suitable for more confident cyclists only, not for trailers or tag-alongs. One long climb and one long descent.





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