

# SW Lakes

## Site Information Sheet Stithians Lake



### RESERVOIR INFORMATION

<b>Capacity of the reservoir when full?</b> 4,967 mega litres	<b>What is the distance around the lake?</b> Approximately 4.8 miles	<b>When was Stithians Lake built?</b> 1967
<b>What is the Cornish name for Stithians Lake?</b> Lidn Seynt Stedyan		<b>How deep is the reservoir?</b> 9m

### OUTDOOR ACTIVITIES AND CAMPING

<b>What sports can I do?</b> Sailing, windsurfing, kayaking, stand up paddle boarding etc.	<b>Do we need to book for camping?</b> It is always best, to secure your place
<b>Do we need to book to take part in activities?</b> Call and check for availability in your desired activity	<b>How do I book camping?</b> On our website or by phoning the watersports office
<b>Do you allow open water swimming?</b> No, for health and safety reasons	<b>Do you have electric hook ups?</b> Yes
<b>Where does the water supply?</b> Camborne and Redruth	<b>Do you have disabled access?</b> Yes, all our showers and facilities are wheelchair friendly

### WILDLIFE AND ANIMALS

<b>Are dogs allowed?</b> Yes though they must be kept on a lead and out of the water
<b>Where is the best area for bird watching?</b> Southern cut off
<b>Common Birds:</b> Canada Geese, Sandpipers, Cormorants, Gulls
<b>Common Wildlife:</b> Butterflies, Frogs, Adders, Rabbits
<b>Conservation projects:</b> Wild flower meadow and wetland meadow
<b>What species of fish are there?</b> Rainbow Trout
<b>Do you allow fishing?</b> We are a game fishery, for more information please log on to <a href="http://www.swlakesfishing.co.uk">www.swlakesfishing.co.uk</a>

### WALKING INFORMATION

<b>Can I walk right around the lake?</b> Yes
<b>Can I ride my bike here?</b> Yes, on the cycleway
<b>Can I ride my horse here?</b> No
<b>How much is car parking?</b> Its free but donations welcome at the centre

### CAFE NOVA & PLAY AREA

<b>Do they have takeaway facilities?</b> Yes
<b>Is there a children's play area?</b> Yes, located near the cafe

### USEFUL CONTACT INFORMATION

Stithians Watersports Centre 01209 860 301  
Head Office 01566 771930  
Website: [www.southwestlakes.co.uk](http://www.southwestlakes.co.uk)

